



The NCNM Connection

Fall 2008



“...a resurgence for NCNM...”



Dear Colleagues:

Since 1996, when we moved NCNM to the Main Campus Building (formerly the Ross Island Building), we’ve wondered if we’ll stay. Turns out we will, for the next decade or two at the very least: After looking at property all over the city, we found it practically in our own backyard.

The ink is dry on a purchase agreement to acquire property adjacent to the school. Our campus will extend south to include an entire city block on Corbett Street and a parking area on Water Street (next to a little red Victorian house, also recently acquired).

The property acquisition gives us a lasting footprint right in the heart of Portland, on prime development land near the revitalized South Waterfront area. Our goal is to build a state-of-the-art clinic, one that integrates our two teaching clinics, and much, much more. On Nov. 8, our students, staff, faculty, patients and neighbors will join together to generate ideas about what the new clinic might look like. All of this exciting activity is part of a resurgence for NCNM, a wonderful tipping point leading us headlong toward the next decade.

“Our goal is to build a state-of-the-art clinic, one that integrates our two teaching clinics, and much, much more.”

In the next few years we’ll see our vision take root and grow: Besides an amazing clinic, we’ll build new facilities with special educational and life spaces for faculty and students. We’ll also create new full- and part-time programs to become the largest provider of natural medicine services in the Pacific Northwest.

At the same time, we’ll better support our graduates through continuing education, business and professional development, research—and even publishing. We’re working hard to win your support for what your college needs to become to thrive. We want you to be proud of your school as it changes and grows. As our new campus transforms, we’ll be on the cusp of our seventh decade as America’s foremost college of natural medicine.

We’re moving ahead with determination and confidence. Robert Browning once said, “Ah, but a man’s reach should exceed his grasp, or what is Heaven for?” We must be courageous and visionary to achieve anything of lasting value, anything that stands the test of time. We’re heading toward our future with ideas, optimism—and with you.

All the very best to you and yours,

David John Schleich

David J. Schleich, PhD
President

National College of Natural Medicine

Honoring Our Own



Kelly and Al Czap (Thorne Research)

The elegant Aquariva restaurant served as the locale for the first annual “Honoring Our Own” faculty banquet and celebration. Ninety guests enjoyed a night out together as we paid tribute to our dedicated faculty. Six categories of awards were presented, sponsored in part by J.R. Carlson Laboratories. The winners were awarded a commemorative plaque and a check for \$1,000. The categories and winners:

- Excellence in ND Classroom Teaching—**Rich Barrett, ND**
- Carlson Excellence in ND Clinical Teaching—**Sheryl Owen Estlund, ND**
- Excellence in CCM Classroom Teaching—**Rihui Long, Master of Medicine (China)**
- Carlson Excellence in CCM Clinical Teaching—**Xiaoli Chen, Doctor of Medicine (China)**
- Carlson Service Award—**Joel Agresta, DC, and Karen Frangos, ND**

The celebratory banquet, initially the brainchild of NCNM’s indefatigable Dean of Research, **Dr. Heather Zwickey**, was sponsored by the Helfgott Research Institute, the Advancement Office and the Faculty Development Committee.



Rick Severson, Library Director and Acting Dean of Academic Affairs and Karen Whitney Bell (Hopewell House Hospice)

Call for NCNM Board Nominations

NCNM’s board of directors will soon select new members and we need your help to identify prospects. Do you know someone actively involved in health care, higher education, insurance or finance who shares our values and who would act as advocates for NCNM and natural medicine in the community?

Prospective candidates should contact **Melissa Scholl**, executive assistant to the president, at 503.552.1702. Get more information at www.ncnm.edu under the “What’s New” section on the home page.

Board of Directors

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Medicinal Herb Quilt

"This year's quilt will be raffled until the drawing on Friday, Feb. 13, 2009. Raffle tickets are \$10 each and can be purchased by contacting Spike.SandbergLewis@gmail.com."



Dr. Sussanna Czeranko donated this quilt, "Monarda" as a bonus prize.

The NCNM community is passionate about a lot of things, but especially about natural medicine and education. Six years ago, Spike and Steven Sandberg-Lewis, came up with a novel way to raise money for student scholarships. Their brainchild gave birth to NCNM's first college endowment fund, the Medicinal Herb Quilt raffle project. The project raised \$4,000 last year; it's shooting for \$10,000 this year.



The drawing for this quilt will be Friday, Feb. 13, 2009.

Every year faculty, staff, alumni and others who love natural medicine pitch in to create a beautiful piece of art. You can win beautiful quilts—and support a wonderful cause. This year's quilt will be raffled until the drawing on Friday, Feb. 13, 2009. There's a bonus prize this year for the person who buys or sells the most tickets: Dr. Sussanna Czeranko donated "Monarda," another gorgeous quilt. Both quilts are in the Student Services Office in the Main Campus Building. Raffle tickets are \$10 each and can be purchased by contacting Spike.SandbergLewis@gmail.com. Spike is looking for people who can join her in selling tickets or help with next year's project.

Health Biz Expo

This fall's Health Biz Expo, held Sept. 27 at NCNM, was a great success. Over 250 attendees and 64 vendors brought the Great Hall alive with activity. The attendees included NDs, Chinese medicine providers, massage therapists, chiropractors, health coaches and students of all kinds. Here are some of the comments we heard:

- "This is the best health-related expo we've been to all year." – vendor
- "The classes are amazing! I could spend two days here." – attendee
- "This vendor format is perfect ... the energy is great." – attendee

Look for the next Health Biz Expo on May 16, 2009; the theme will be "Increasing Profits and Limiting Liability."



NCNM Shines at AANP Convention

Naturopathic medicine's largest annual conference, the 2008 American Association of Naturopathic Physicians Convention, held in Phoenix, was bigger than ever this year. The August conference was packed with more than 900 physicians, students and visitors who filled classes, research symposiums, presentations and award ceremonies. NCNM students and alumni swept up award categories, honoring the school and promoting the quality of education our students receive.

Physician of the Year

NCNM alumna, Dr. Marcia Prenguber, was honored with the 2008 AANP "Physician of the Year Award" for her outstanding work in the practice of naturopathic medicine. Dr. Prenguber, a nationally and internationally recognized speaker on naturopathic and integrative treatment, is the president of the Council on Naturopathic Medical Education and the director of Integrative Care at the Goshen Center for Cancer Care. The "Physician of the Year Award" recognizes individuals who demonstrate outstanding leadership, modeling, ethics and individual achievement. NCNM applauds Dr. Prenguber for her achievement.

Helfgott Research Captures Prize

Three NCNM naturopathic medical students were awarded the AANP's "Best Student Research" prize for research conducted at the Helfgott Research Institute. Third-year students Andrew Erlandsen, Jeremy Mikolai and Andrew Murison found that drinking whole cows' milk with Ashwagandha, an herb used for more than 5,000 years in the practice of Ayurvedic medicine, can increase the body's white blood cells and help boost immunity. This original research study was led by Helfgott's Director of Research, Dr. Heather Zwickey, and will be published later this fall.

ZRT Cup

Another highlight of the convention was the inaugural ZRT Cup Challenge, a college bowl competition sponsored and funded by ZRT Laboratories, Inc. The academic competition, featuring students from accredited naturopathic medical colleges, was held by ZRT in partnership with NCNM to promote education for naturopathic physicians.

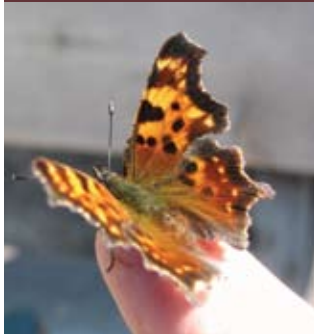
Thirty-six medical students from NCNM, Bastyr University, Southwest College of Natural Medicine, Boucher Institute of Natural Medicine, National University



Clockwise from left to right: Lou Walters, Dawn Ley, David Schleich, Rachael Sterry, Sherry Briskey, Elise Schroeder, Jeremy Mikolai, Spike Sandberg-Lewis, Steven Sandberg-Lewis and Susan Hunter

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News from the Helfgott Research Institute



The Butterfly Book

In March, the Helfgott Research Institute sponsored a group of impassioned, health-conscious individuals to advocate the benefits of natural medicine. The team's effort, a passionate ode to natural medicine, is captured in a book entitled "A Health Revolution is A-Flutter." All proceeds from the book will go to a scholarship fund for NCNM students. Books are \$25 and will be available Nov. 17 at NCNM's Vis & Qi Bookstore. To reserve a copy in time for the 2008 holiday season, e-mail **Kimberly Brown** at kbrown@ncnm.edu. Learn more by visiting www.helfgottblog.com/operation-oprah.

Congratulations!

Dr. Kim Tippens, a post-doctoral research fellow at Helfgott Research Institute and adjunct faculty in the naturopathic school at NCNM, received a three-year fellowship grant, awarded for training in health services research methods from the National Center for Complementary and Alternative Medicine (NCCAM). The NCCAM is part of the National Institutes of Health. The grant allows Dr. Tippens to complete the Master in Public Health program at OHSU; she will conduct an original research study evaluating naturopathic care of type 2 diabetes.



CAM Research

The future of CAM medicine research is evolving rapidly. We're in a new era of research collectives. Practice-based research networks (PBRN) are in the spotlight as a means of studying the characteristic diseases of the 21st century. Practitioners across disciplines collect observational data on conditions difficult to characterize under standard double-blind placebo trials. Researchers can then analyze the data necessary to establish an evidence-based foundation with outcome measures specific for these conditions.

In natural medicine, treatment plans are as unique as the patient. By using observational techniques, we can gather all of these unique attributes and use their similarities to develop solid outcome measures that make the research we do even more beneficial in today's health care marketplace.

Call for Abstracts

Portland researchers, clinicians, fellows and students are invited to submit abstracts for presentation at the 2009 Symposium for Portland Area Research on Complementary & Alternative Medicine (SPARC). The theme of SPARC 2009 is "Emerging Directions in CAM Research." Abstracts should describe current or recent research in complementary and alternative medicine. (Funded and unfunded studies are acceptable.)



Abstract Format

- Abstracts should be no more than 250 words in length.
- Indicate an institutional affiliation for each author.
- If applicable, grant acknowledgements must be provided at the end of the abstract (e.g., NIH-AI-12345).
- More than one abstract per investigator may be submitted for consideration.

Abstract Submission

- E-mail your abstract as an attachment to **Heather Schiffke**, the conference coordinator, at hschiffke@ncnm.edu by Friday, Nov. 14, 2008. Information and guidelines are available at www.helfgott.org.

ND Partner, a research group that's part of the Helfgott Research Institute, began as an initiative to expand CAM observational research using the PBRN model. We're recruiting practitioners interested in joining the PBRN. For more information about the organization, check out the

ND Partner

Practice-Based Research Network

Web site at www.ndpartner.org. If you're interested in becoming a part of the ND Partner network, please contact **Erin Connelly** at Helfgott Research Institute at econnelly@ncnm.edu or call her at 503.552.1744.

Helfgott Recruiting for Four New Studies

- "Cruciferous Vegetable Supplement for Estrogen Metabolism"
- "Gymnema Herb for Polycystic Ovary Syndrome (PCOS)"
- "Acu-Magnet Therapy for Type 2 Diabetes"
- "How Meditation Affects the Heart's Activity"

For study requirements and more information, visit www.helfgott.org.



Dr. Marnie Loomis, Director of Alumni Affairs and Continuing Education

Gearing Up for Graduates

The NCNM Connection caught up with **Dr. Marnie Loomis** to get an update on new developments in Continuing Education and Alumni Affairs.

Q: There's been a lot of activity in your department. Can you tell us what your vision is for the Alumni Association?

A: The Alumni Association now has a presence on NCNM's Web site. We see so much information out there that we can share with alumni—links to special offers, for instance, or articles and other information that would

be helpful to them. Also, the alumni pages are a good place to keep up with each other, report on what's new and exciting, and learn about opportunities for continuing education and more. Check it out at www.ncnm.edu/alumni.php.

Q: These are tough times for everyone economically. What is NCNM doing to help alumni get through this period?

A: Besides having a strong understanding of medicine, our doctors and practitioners need solid business skills to help ensure their success. It's important to be as skilled in business as we are in healing. We just held our third Health Biz Expo, an event that helps our alumni sharpen those skills. The format allows people to get a lot of business skills in a compressed period of time. Dr. Thom's "Health of Business, Business of Health" class is so successful that it's now mandatory for NCNM students. We're looking ahead to see what we can do to offer other valuable classes to the docs who moved after graduation and are working all over the U.S. There's a great need for the medicine we practice—we just need to capitalize on that need.

Q: How can NCNM alumni find one another? Any ideas?

A: Absolutely! If you live near Chicago, you may have joined us at the alumni dinner we held for CCM grads at the AAAOM meeting in October. Now we're planning NCNM's "Sweetheart Medicine Ball," which will be held Feb. 13. The annual gala event to celebrate our alumni & students will be particularly special in 2009, since it also kicks off the Oregon Association of Naturopathic Physicians' Centennial! In honor of the OANP's first hundred years, the theme of the 2009 ball will be "The Pick-Your-Decade Prom." Attire should be fun, as formal as you want to be, but not necessarily current. Of course, since it's an NCNM event, it'll be one heck of a party!

Check out the new Passport Program and Continuing Education classes @ www.ncnm.edu – just click on the "Register for Classes" button!



**Duffy MacKay, ND
2000 NCNM Alumnus**

In September, Dr. MacKay, joined the Council for Responsible Nutrition (CRN) as vice president, scientific and regulatory affairs.

In his new position at CRN, he'll continue to further the science surrounding dietary supplements and nutrition; he'll also advise, educate and represent CRN's members on regulatory matters impacting the industry. Dr. MacKay will serve as CRN's resident

expert on botanicals and will continue to encourage companies to focus on high quality botanical products as part of a mainstream culture of wellness.

Prior to joining CRN, Dr. MacKay served as vice president of clinical research for Nordic Naturals. Previously he served as a senior technical advisor for Thorne Research and senior editor of the peer-reviewed clinical journal, *Alternative Medicine Review*. In addition, he saw patients in a complementary and alternative private practice in New Hampshire, the Makai Naturopathic Center, which he co-owned.

Dr. MacKay has worked as a medical consultant and a scientific advisor for the dietary supplement industry since 1999 and is a frequent lecturer. He has also published research and articles in peer-reviewed journals.

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of Health Sciences and the University of Bridgeport's College of Naturopathic Medicine participated in the all-expense paid competition. The academic contest offered \$10,000 and \$3,000 first- and second-place awards, won respectively by NCNM and Bastyr University. The competition criteria specify that the awards must be spent to further the profession; students on the winning teams and Naturopathic Medical Students Association (NMSA), the competition organizer, are deciding how the award money will be used.

The competition featured health questions covering all aspects of naturopathic medicine. The Foundations of Naturopathic Medicine, a network of scholars from among the profession's schools, associations and agencies, judged the ZRT Cup competition.

President's Award – Naturopathic Medical Student Association (NMSA)

Cheri King, NMSA president and NCNM ND3 student, accepted this award on behalf of the NMSA for its invaluable contribution to the naturopathic profession. The student leaders of the NMSA have worked vigilantly to forge alliances with the American Medical Student Association (AMSA); its work has paid off. The NMSA is now an officially recognized affiliate of the AMSA. NMSA was also recognized for its work to develop and foster leadership among naturopathic medical students.

1,000 Friends of NCNM



The secret is out: In a matter of months, NCNM plans to throw the doors open to a leading-edge, integrated naturopathic and Chinese medicine clinic right here on campus. We'll have 18,000 square feet of space available to comfortably treat patients and teach students in the newly acquired Corbett Street building. Our goal is to create a state-of-the-art teaching clinic that will be the pride of its students, faculty and alumni.

To meet our goal, NCNM is turning to its alumni and friends – 1,000 Friends, to be exact. By joining the 2008–2009 1,000 Friends of NCNM Campaign, your landmark contribution will set the foundation for NCNM's unprecedented expansion and the continued growth of the medicine and our profession.

Our goal is not modest: We plan to raise \$100,000 with your support. Join by December 31 and receive a 2008 tax write-off! Please consider joining at one of the following levels:

Friend Level

\$250 (\$21 per month)—Your name and class year inscribed on NCNM's donor wall located in the new clinic.

Supporter Level

\$500 (\$42 per month)—All of the above plus two tickets to the fabulous Sweetheart Medicine Ball on February 13, 2009.

Builder Level

\$1,000 (\$83 per month)—All of the above plus two tickets to the Health Biz Expo on May 16, 2009.

Benefactor Level

\$2,500 (\$208 per month)—All of the above plus an extension of your free membership to the Alumni Association (\$250 value).

Legacy Level

\$5,000 (\$416 per month)—All of the above plus a NCNM Passport (\$500 value), a select menu of Continuing Education courses offered fall term at NCNM.

DONATE ONLINE AT

www.ncnm.edu/giving.php

or mail your check to:

NCNM

Advancement Dept.

049 SW Porter St., Portland, OR 97201

Interested in participating in naming opportunities for the new facilities?

Do you know people who would like to invest in the future of natural medicine?

*Please contact **Susan Hunter, associate vice president of Advancement at 503.552.1512 or shunter@ncnm.edu.***



Ancient Medicine, Modern Scholars

NCNM kicked off the new school year by hosting **Xianen Wang, MD, PhD**, the founder of the American Institute of Eastern Medicine (AIEM) in Scottsdale, Ariz., in its "Ancient Medicine, Modern Scholars" campus speaker series. Dr. Wang, a professor at China's Tongji Medical College of Huazhong University, became Japan's very first foreign associate professor in the Department of Gastroenterology at Juntendo University's School of Medicine.



Dr. Wang discusses his research on diabetes.

Dr. Wang gave two presentations exploring the roots of traditional (vs. classical) Chinese medicine. He discussed

the future, practicality and effectiveness of integrative medicine, his research with diabetes and the development of Ketsumeisei, a proprietary herbal compound.

Students and faculty alike were enthusiastic about Dr. Wang's lectures. His visit to the campus was successful in other ways: The AIEM joined NCNM's Partners Program at the Regents' Circle level with an extraordinary five-year contribution of \$660,000, one of the largest donations NCNM has received in its 52-year history. AIEM's support will fund research, state-of-the-art medicinal inventory software for our clinics and equipment for our media center. Dr. Schleich said, "As a nonprofit educational institution, NCNM's future depends on the support of our donors and program partners. We're immensely grateful for Dr. Wang's confidence in us. His tremendous gift is not only an investment in our school, it's an investment in the future of natural medicine."



Dr. Wang at Convocation.

Partners Program

Regent's Circle

\$750,000

American Institute of Eastern Medicine

President's Circle

\$500,000

Seroyal

Diamond Partners

\$250,000

BioResource Inc.
Metagenics Inc.

Platinum Partner

\$125,000

ESSIAC International

Silver Partners

\$50,000

Boiron
Douglas Laboratories

Bronze Partners

\$25,000

Bezwecken

The CHP Group
(formerly Complementary Healthcare Plans)

Health & Energy
Alternatives

Nordic Naturals

TxO, Treatment Options
Pharmacy from Standard
Homeopathic Company

Naturopathic Vitalism Weekend



From left to right: Rian Herscher, ND; Amy Johnson, ND; Steven Sandberg-Lewis, ND; Sussanna Czeranko, ND; Glen Nagel, ND; and Lauren Noel, ND3 at NCNM

More than 20 enthusiastic students and doctors participated in “Earth, Herbs, Water, Fire, Air: A Practical Exploration of Naturopathic Vitalism,” a learning retreat weekend held in July at the Eclectic Farm in Sandy, Oregon, courtesy of Edward K. Alstat, president of the Eclectic Institute and former NCNM professor of pharmacy and plant chemistry. The Eclectic Institute was founded by Dr. Alstat in 1984 to use nature’s healing power in the preparation of botanical products for health and well-being.

Dr. Glen Nagel and Dr. Sussanna Czeranko served up a menu of old nature cure healing treatments featuring earth, herbs, water, fire and plenty of fresh air. The participants shared experiences they won’t soon forget, including being cocooned in wet sheet wraps and immersed in black peat water baths.

The tranquil setting of Eclectic Farm was a perfect environment for the group to conduct herbal walks and explorations. The harvesting of hypericum flowers was a powerful reminder of our amazing medicine and its roots. The dynamic weekend experience, made possible through Dr. Alstat’s generosity, was an exciting learning experience for students and doctors alike.

More Naturopathic Vitalism retreats are planned in January, March and July 2009.

Please contact gnagel@ncnm.edu or sczeranko@ncnm.edu for more information.

Medicine on the Move

The second annual “Medicine on the Move” event, kicked off during the first week of school, introduced incoming students to the NCNM community. According to Helfgott Research Coordinator, Erin Connelly, “The goal for the event was to move future practitioners from the margins of prevention to the core by identifying best practices and illustrating prevention principles in a variety of settings.” Sponsored by The CHP Group (formerly Complementary Healthcare Plans), students explored racial and socioeconomic inequalities in health care while learning about the Portland community. They visited a variety of nonprofit resource centers that provide critical services, including Yellow Brick Road Street Outreach, Legacy Hopewell House Hospice, Cascade AIDS, Oregon Food Bank and Dignity Village.

Creating Memories in Spain

By Brooke Bailey, Advancement Officer

In the small hillside village of Xiva near the coast of central Spain, Friedhelm Kirchfeld and his wife Sarah stroll down a cobblestone street arm-in-arm at sunset. Life is simple here and for three months out of each year Xiva is their home. Mornings are spent on the veranda enjoying a traditional European breakfast of fresh bread and jam while listening to the cow bells in the distance. The days are hot and must be spent inside the cool stone house built in the middle ages. Twice a day Friedhelm walks the same path to a beautiful religious ruin along a tiny brook flowing through town. Xiva is the kind of place you would never forget. However, for Friedhelm remembering proves to be more of a challenge than usual.



Sarah Stein, Gene Bowman, ND, and Friedhelm Kirchfeld

After 25 years of service to NCNM as head librarian, Friedhelm Kirchfeld retired in September 2005 and was subsequently diagnosed with Alzheimer’s disease. His many contributions to naturopathic medicine include building the college’s rare book room and co-authoring “Nature Doctors,” a historical description of the pioneers in the field. Friedhelm not only facilitated the growth of naturopathic education at NCNM, he dedicated his life to the power of the medicine for health and healing.

Friedhelm has been under the care of Dr. Gene Bowman, a 2004 NCNM alumni and assistant professor at Oregon Health & Science University’s Department of Neurology. Dr. Bowman is intimately involved in the field of neurodegenerative disorders as a National Institutes of Health funded clinician-researcher studying the link between nutrition and Alzheimer’s.

Friedhelm’s treatment regimen has been aggressive, including diet and exercise modification, supplements and intravenous therapy. Sarah noted her husband’s positive differences after treatments and invited Dr. Bowman to visit Friedhelm in Spain over the summer. Arriving with a bag full of naturopathic supplies, Dr. Bowman spent four days in the gracious company of the Kirchfelds. Friedhelm greeted him with a warm smile each morning. The relationship between patient and doctor began to blur the lines of formalities to arrive at a place of friendship, respect and faith. Dr. Bowman notes, “Much of the history of the medicine has been organized eloquently by Friedhelm through his service to NCNM. It’s hard to watch an irreversible disorder progress in anyone, but especially in someone whose cognitive faculties have contributed so much to our profession through education.”

Dr. Bowman is hopeful that the treatment will slow the neurodegeneration and help maintain Friedhelm’s quality of life. Friedhelm and Sarah are hopeful that they can continue to create long-lasting memories in Spain, Portland and around the world.

Faculty and Staff Updates

Dr. Jean M. Layton (NCNM 2001) addressed the National Gluten Intolerance Group's convention in Dallas, Texas on June 6th, 2008. Her presentation was "Quelling the Inflammatory Fire of Gluten Intolerance using Probiotics and Glutamine."

Associate Librarian, **Noelle Harling**, is currently serving as this year's president of Oregon Health Sciences Library Association (OHSLA). OHSLA is an association of librarians dedicated to improving access to health care information for the people of Oregon and adjacent areas.

Admissions Counselor, **Kerrie Gipe**, was elected to serve on the Executive Board of Study Oregon, a consortium of Oregon colleges and universities that aim to recruit international students.

Our Mission:
To educate
and train
physicians and
practitioners
in the art and science
of natural medicine.

Michael Berletich, MAcOM, CCM adjunct faculty, toured Europe this summer with his band, The Yellers, performing and promoting the band's new CD, "On The Green," available online at www.cdbaby.com/cd/yellers.

Faculty leaves were awarded by the Faculty Development Committee to ND Assistant Professor, **Dr. Michelle Salob** and CCM Professor, **Dr. Heiner Fruehauf**. Dr. Salob is using her leave to pursue a Master of Public Health degree at Yale University. Dr. Fruehauf is writing a book entitled, "Decoding the Cosmological Keystone of Chinese Medicine."

Kurt Beil (NCNM 2006) is pursuing a Master of Public Health with a focus on Integrative Medicine from Portland State University. He is also enrolled in PSU's graduate program in Sustainability. He is an adjunct faculty member teaching Integrative Microbiology and Public Health to Chinese medicine students.

Dr. Rita Bettenburg, dean of NCNM's Naturopathic School, was appointed to the educational working group of the Academic Consortium for Complementary and Alternative Health Care (ACCAHC). The ACCAHC was formed in 2004 to create and sustain a national network of educational organizations and agencies within complementary and alternative medicine, and to promote mutual understanding, collaborative activities and interdisciplinary health care education.

Beth French, Pettygrove clinic director, is attending the Bainbridge Graduate Institute to receive an MBA in sustainable business.

Dr. Helane' Wahbeh (NCNM 2002), **Dr. Gene Bowman** (NCNM 2004) and Helfgott post-doctoral fellow, **Dr. Kim Tippens**, received prestigious National Institutes of Health research grants from the National Center for Complementary and Alternative Medicine (NCCAM). These competitive awards will allow them to continue their research in complementary and alternative medicine and advance the science of natural medicine.

Dr. John Collins (NCNM 1978) has escaped the rigors of retirement with his wife, Kit, by creating an animal sanctuary on his property in Estacada, Ore. They provide food, shelter and care to dozens of unwanted, neglected and otherwise unadoptable pets and farm animals. Through love, improved diet, homeopathic medicine and veterinary care, these animals are enabled to enjoy their lives. Learn more at www.outtopasturesanctuary.org.

Dr. Yasmin Chotcruz (NCNM 2002) is filming two public service announcements about menopause and breast cancer for Hillsboro's Tuality Hospital to be shown in Spanish on Portland cable TV stations.

Dr. Scott Olson (NCNM 1998) recently published "Sugarettes," a book about sugar addiction. Published by Booksurge, look for it soon in NCNM's Vis & Qi bookstore.

Natural Health Center Clinic Director, **Dr. Jill Stanard**, is the recipient of a Portland State University Northwest Health Foundation Sponsorship for its Health Care Management Certificate program.

Marcus N. Miller, MD, ND, assistant professor in the naturopathic school, is also a accomplished artist. An exhibit of his monotype prints took place in July at Bering & James Art Gallery in his hometown of Houston, Texas.

Alumni, Faculty and Staff: We want to celebrate you. Please send an e-mail highlighting your personal or professional accomplishments to mconsidine@ncnm.edu.

In Memoriam



Dr. Deborah R. Solochek Napier
1971 – 2008

Dr. Napier, a 2000 NCNM alumna, passed away September 29 after a long battle with scleroderma, a rare autoimmune disease, in Huntington, West Virginia. Deborah was a gifted and extremely successful naturopathic physician. She is survived by her husband, Adam Welles Napier, her loving parents, sister and extended family. An inspiration to all who knew her, Deborah will be sorely missed. Family guestbook available at www.klingelcarpenter.com.



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